PURE DESIRE MINISTRIES[®]

SEXUAL ADDICTION SCREENING TEST (SAST - R V2.0)

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The Sexual Addiction Screening Test (SAST) is designed to assist in the assessment of sexually compulsive or "addictive" behavior. Developed in cooperation with hospitals, treatment programs, private therapists and community groups, the SAST provides a profile of responses that help to discriminate between addictive and non-addictive behavior. To complete the test, answer each question by placing a check next to the appropriate yes/no column.

____ YES ____ NO 1. Were you sexually abused as a child or adolescent? _ YES ____ NO 2. Did your parents have trouble with sexual behavior? _YES ____NO 3. Do you often find yourself preoccupied with sexual thoughts? ____ YES ____ NO 4. Do you feel that your sexual behavior is not normal? YES ____ NO 5. Do you ever feel bad about your sexual behavior? YES NO 6. Has your sexual behavior ever created problems for you/your family? YES NO 7. Have you ever sought help for sexual behavior you did not like? ____ YES ____ NO 8. Has anyone been hurt emotionally because of your sexual behavior? ____ YES ____ NO 9. Are any of your sexual activities against the law? _YES ____ NO 10. Have you made efforts to quit a type of sexual activity and failed? ____ YES ____ NO 11. Do you hide some of your sexual behaviors from others? _YES ____NO 12. Have you attempted to stop some parts of your sexual activity? ___ YES ___ NO 13. Have you felt degraded by your sexual behaviors? _YES ___ NO 14. When you have sex, do you feel depressed afterwards? YES NO **15.** Do you feel controlled by your sexual desire? ____ YES ____ NO 16. Have important parts of your life (job, family, friends, leisure activities) been neglected because you were spending too much time on sex? _YES ___ NO **17.** Do you ever think your sexual desire is stronger than you are? ____ YES ____ NO 18. Is sex almost all you think about? YES NO **19.** Has sex (or romantic fantasies) been a way for you to escape problems? ____ YES ____ NO 20. Has sex become the most important thing in your life? _YES ____NO **21.** Are you in crisis over sexual matters? YES NO 22. The Internet has created sexual problems for me. _YES ___ NO **23.** I spend too much time online for sexual purposes. YES NO **24.** I have purchased services online for erotic purposes (sites for dating). YES NO **25.** I have made romantic or erotic connections with people online. ____ YES ____ NO **26.** People in my life have been upset about my sexual activities online. YES ____ NO 27. I have attempted to stop my online sexual behaviors. ____ YES ____ NO 28. I have subscribed to or regularly purchased or rented sexually explicit materials (magazines, videos, books or online pornography). ___ YES ____ NO 29. I have been sexual with minors. ____ YES ____ NO 30. I have spent considerable time and money on strip clubs, adult bookstores, and movie houses.

YES	NO 31. I have engaged prostitutes and escorts to satisfy my sexual needs.
YES	NO 32. I have spent considerable time surfing pornography online.
YES	NO 33. I have used magazines, videos, or online pornography even when
	there was considerable risk of being caught by family members who would be upset by my behavior.
YES	NO 34. I have regularly purchased romantic novels or sexually explicit magazines.
YES _	NO 35. I have stayed in romantic relationships after they became emotionally abusive.
YES _	NO 36. I have traded sex for money or gifts.
YES _	NO 37. I have had multiple romantic or sexual relationships at the same time.
YES _	NO 38. After sexually acting out, I sometimes refrain from all sex for a
	significant period.
YES _	NO 39. I have regularly engaged in sadomasochistic behavior.
YES _	NO 40. I visit sexual bath-houses, sex clubs, or video/bookstores as part of my
	regular sexual activity.
YES _	NO 41. I have engaged in unsafe or "risky" sex even though I knew it could
	cause me harm.
YES _	NO 42. I have cruised public restrooms, rest areas, or parks for sex with strangers.
YES	NO 43. I believe casual or anonymous sex has kept me from having more
	long-term intimate relationships.
YES _	NO 44. My sexual behavior has put me at risk for arrest for lewd conduct or
	public indecency.
YES	NO 45. I have been paid for sex.

SCALES	ITEM #	CUT-OFF	# OF YESES		
Core Item Scale	1-20	6 or more			
SUBSCALES					
Internet Items	22-27	3 or more			
Men's Items	28-33	2 or more			
Women's Items	34-39	2 or more			
Homosexual Men	40-45	3 or more			
ADDICTIVE DIMENSIONS					
Preoccupation	3, 18, 19, 20	2 or more			
Loss of Control	10, 12, 15, 17	2 or more			
Relationship Disturbance	6, 8, 16, 26	2 or more			
Affect Disturbance	4, 5, 11, 13, 14	2 or more			
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RELATIVE DISTRIBUTIONS OF ADDICT & NON-ADDICT SAST SCORES

This instrument has been based on screenings of tens of thousands of people. This particular version is a developmental stage revision of the instrument, so scoring may be adjusted with more research. Please be aware that clinical decisions must be made conditionally since final scoring protocols may vary.